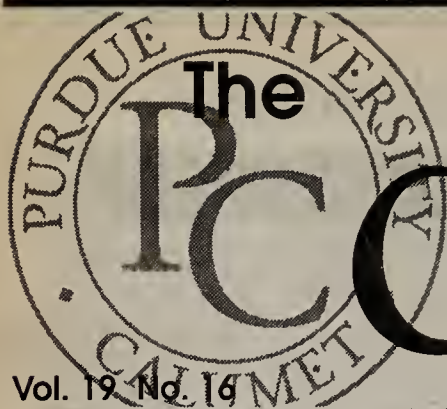
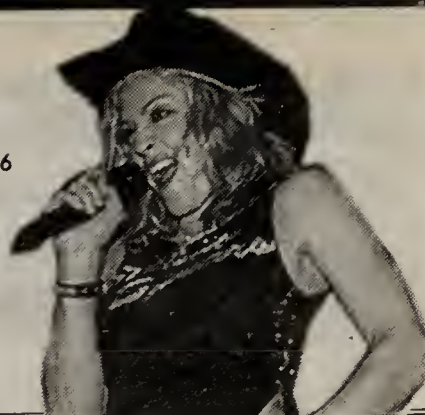




Sports
Lakers win during overtime in their first conference game
See page 8

Opinion
Giving professors chance can make difference in students' experience **See page 4**

Entertainment
Grammy nominees announced, predictions made
See page 6



The Chronicle

Vol. 19 No. 16

Tuesday, January 16, 2001

Survey reveals satisfaction with education strategies

MAX BUCZYNSKI
News Editor

Since 1996, PUC has provided surveys to alumni to see how graduates rate their education and how that education has benefited them in finding a job. The last survey, taken in 2000, focused on the graduates of 1990, 1993, and 1996. The increments of these years are mainly to space out people and how the campus has differed in those years.

PUC began surveying graduates in 1996 after a 1993 recommendation by the North Central

Association accreditation body. They suggested that the University establish a formal process for assessing student learning outcomes.

"Learning is the most important thing," Diane

Bartko, coordinator of institutional evaluations, said.

Of the 2,495 graduates who received the surveys in the spring of last year, 914 people returned their survey.

Out of those responses, 360 were from the class of 1996 graduates, 328 were from the class of 1993, and 226 were

from 1990 alumni. Over 97 percent rated PUC education "better than or equal to" that of other schools, according to the presentation prepared by Bartko and Annette Slager from the office of advancement.

Of the 914 people who participated in this survey, 78.4 percent of them said that PUC effectively prepared them for employment, and 72.2 percent of those people have reported making salaries ranging from \$2,000 to \$179,000. Eight people furthered their education by receiving their Doctorate, 12 earned received their advanced professional degrees after they graduated.

The majority of the feedback received from these surveys stated that the graduates wished they had seen more computer program usage in courses, would

like access to library services, and identified some Career Services needs.

The surveys are kept confidential; graduates are assigned codes, so their personal opinions of the campus, either negative or positive, are not published.

The department of evaluation and planning services and the office of advancement managed the survey. "It is nice to see how many responses we received, it was hard to not be able to

contact the alumni back since we did not know who responded or not," Leticia Toma, director of alumni relations, said.

"I have found that my education at Purdue University Calumet not only prepared me well, but was superior to the education received by my other colleagues from other colleges or universities," Catherine Bukovitz, a 1993 graduate who received her Master of Arts degree in literature, said.

"I have found that my education at Purdue University Calumet not only prepared me well, but was superior to the education received by my other colleagues from other colleges or universities,"

Catherine Bukovitz,
1993 graduate

Survey Says...

PUC's education is "better than or equal to" that of other schools, but could use some help with adding more computer programs, library access, and some career service needs.

Four teachers share award nomination

MAX BUCZYNSKI
News Editor

Four professors have been nominated for PUC's prestigious Outstanding Teacher Award.

The award, presented by the chancellor, honors an instructor who demonstrates superior ability in helping students meet course objectives, who stimulates students to master course objectives, who expresses competence in his or her own discipline, and who understands that his or her responsibility to students does not stop at the classroom.

The nominees for this award are Alan Spector, professor of sociology; Nicky Ali Jackson, associate professor of criminal justice; Denise Woods, associate

professor in information systems and computer programming; and Nasser Houshang, associate professor of engineering.

The committee to select the winner of the award is compiled of representatives from each of the schools at PUC and is headed by Tom Mihail, associate professor of the School of Education.

The process to nominate a professor for this award is a lengthy one. The person who nominates an individual must write a letter

of intent to express their appreciation to the individual, and once that is completed, the nominee must gather a portfolio of items

they are required to submit to the committee to show that they are eligible for the award.

"It's a great way to show a teacher that their contribution to the campus has not gone unnoticed," Mihail

"It's a great way to show a teacher that their contribution to the campus has not gone unnoticed,"

Tom Mihail,
associate professor of
the School of Education

said. "Showing a teacher that we appreciate them is a great way to

thank them for everything that they have done for us. There is nothing more special than making a teacher feel grateful," Craig Rouskey, a senior majoring in nursing, said.

According to written information given from the Office of the Vice Chancellor, the winner of this award will receive a plaque at the beginning of the fall semester and will also receive a reserved parking spot for one year on campus.

"That is one of the pluses about getting the award. It is so nice to not have to worry

about the parking," Mihail said.

Nominations begin in the fall of 2001 and they end the very end of November to the first week of December. During this time, students and faculty can nominate a professor who has at least a part-time position.

And the nominees are...



Denise Woods,
associate professor
in information
systems and
computer
programming



Nasser Houshang,
associate
professor
of engineering.

Not Pictured;
Alan Spector,
professor of
sociology;

**Nicky Ali
Jackson,**
associate
professor
of criminal
justice

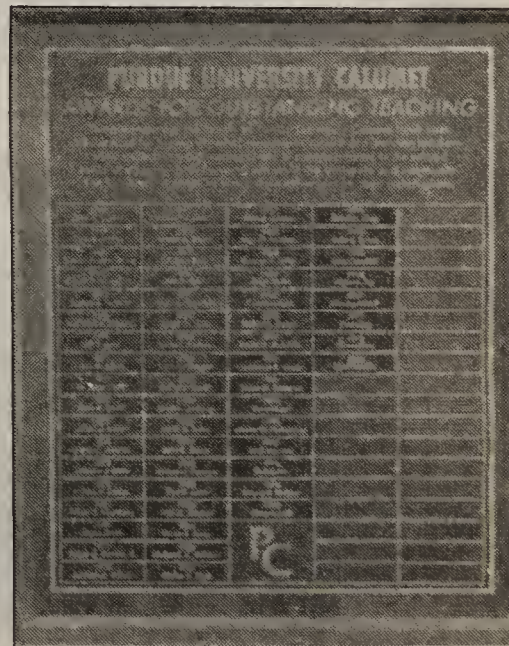


Photo by Max Buczynski

The Awards for Outstanding Teaching plaque is located in the SFLC concourse on the first floor.

ADMINISTRATIVE UPDATE

Whether to cancel classes, close campus due to extreme winter weather...

The heavy snow that fell during finals week last semester, prompting campus closure for parts of two days, is a compelling reminder of how winter weather can bring campus activity to a sudden halt.

With a new semester underway and many new students enrolled, we're spending this space this issue repeating our message of late last semester concerning how the campus community can learn of administrative decisions to suspend classes and/or temporarily close campus due to extreme weather or other emergency reasons.

Any decision to do so will be made by the Chancellor, in consultation with the Vice Chancellor for Administrative Services.

That decision will be communicated in the following manner:

1 PRIOR TO THE START OF THE CAMPUS DAY...
to the news media by 6 a.m.

PRIOR TO THE START OF EVENING CLASSES...
to the news media by 3 p.m.

2 EITHER of the following announcements will be made RE: the status of operations at Purdue Calumet that day for ASAP broadcast to local Northwest Indiana radio/television stations and participating radio/TV stations of the Chicago Emergency Closing Center system as indicated below:

CLASSES ARE CANCELED

(This means that all classes scheduled to meet that particular day at on- and off-campus sites are canceled, but university offices, departments and services remain open.)

or

THE UNIVERSITY IS CLOSED

(This means that NO on- and off-campus functions, services, programs and activities will take place that day. The campus will be considered closed to all people except those assisting in emergency/urgent operations.)

3 The announcement will be communicated for broadcast on these radio stations...

- * Hammond station WJOB (1230-am)
- * Hammond/Merrillville station WZVN (107.1-fm)
- * Hammond station WXRJ (103.9-fm)
- * Gary station WLTH (1370-am)
- * Valparaiso station WAKE (1500-am/105.5-fm)
- * Michigan City station WIMS (1420-am)
- * Michigan City station WEFM (95.9-fm)
- * LaPorte station WLOI (1540-am)
- * Chicago stations: WGN (720-am), WBBM (780-am)

and these Chicago television stations...

- * Chicago-based CBS-TV/Channel 2
- * Chicago-based NBC-TV/Channel 5
- * Chicago-based WGN-TV/Channel 9 (Morning News)
- * Chicago-based Fox-TV/Channel 32
- * Chicago-based CLTV News
- * NW Indiana-based PBS WYIN-TV/Channel 56

4 Additionally, the voice mail greeting of the campus Switchboard (219/989-2993) and Information Center (219/989-2400) or (800/HI-PURDUE, ext. 2993 or 2400) will convey the message.

5 Emergency closing information relating to schools and businesses throughout the Chicagoland area also can be obtained by phoning 1-900/407-SNOW from a touch-tone phone.
NOTE: there is a 95 cents-per-minute charge.

6 Also, a scrolling message will be carried on the home (initial) page of the Purdue Calumet web site at:

www.calumet.purdue.edu

(During finals week last month, our university web site proved to be an effective vehicle, not only for announcing campus and off-site closure information, but also for apprising the campus community of plans to REMAIN open on a given day or evening. That's important, given that radio and TV stations report only closure information.)

7 Also, you can receive e-mail notification of campus closing information via the Chicago Emergency Closing Center system. To register, simply access the ECC web site at www.EmergencyClosings.com, click on E-mail Notification and follow the instructions.

8 If you are on campus when a decision is made to suspend classes or close the campus, it will be announced:

- * via the campus' emergency notification system, a voice-activated speaker system that can be heard inside and within reasonable range outside of each campus building,
- * on both outdoor, electronic message boards—(south side of Student Faculty Library Center and north side of the Gyte Science Building annex),
- * on electronic message boards inside buildings, and,
- * via announcements placed on building doors (when deemed appropriate).

If no such announcement is made per above, assume normal campus operations remain in effect.

* * * * *

Resumption of campus operations

When a decision is made to resume campus operations, it will be communicated via:

- * the voice mail greeting of the campus Switchboard and Information Center (see phone numbers above), and
- * Purdue Calumet's web site (home page): www.calumet.purdue.edu

PLEASE NOTE: Typically, radio and TV stations do not announce resumption of operations, so refer to the Purdue Calumet web site for campus status updates.

At a glance

around campus

Gamers' Guild seeks players

Purdue University Gamers' Guild is seeking new members for the spring semester.

PUGG is an organization for students who enjoy role-playing games, such as Dungeons & Dragons, Vampire: The Masquerade and Mage: The Ascension.

Experience is not necessary to play. Students may come to as many games as they choose, dates and times are as follows: Mondays from 6:30-11 p.m., Tuesdays from 6:30-11 p.m., Fridays from 6:30-11 p.m., Saturdays from 1-5 p.m. and 6-11 p.m.

A beginners' night will be held Wednesdays from 9-11 p.m. for students who want to learn how to play or run games.

Further information and locations will be given at a later date. For more information contact President Will Race at lordwill@hotmail.com.

Hoosier Adapt offers Online forum

Hoosier Adapt offers a forum and message board that provides a way to communicate with other students to improve the well being of the disabled community on campus.

The forum is now available at <http://forums.delphi.com/purduestudents/messages/?msg=9.1>.

The site is interactive so students can leave messages and their E-mail address.

SGA looks for senators

The SGA would like to remind the student body that senate positions are still available. It is a great leadership opportunity and a good way to get involved with the University.

There are several committees to choose from and maybe one that interests you.

For more information, contact any member of the SGA or stop by the office located at SFLC 324-G.

SGA provides meeting space

The SGA would like to remind the student body that the SGA provides its own senate chambers for any group wishing to assemble.

For more information or to reserve the chamber, please contact any SGA member at 989-2394.

The Chronicle looking for staff members

The Chronicle, PUC's award-winning newspaper is looking for writers to fill vacancies in the news and sports departments.

The Chronicle also seeks photographers and ad reps. Ad reps receive a 20 percent commission for ads sold.

Experience is not necessary. For more information on joining *The Chronicle* staff, call Tiffany Amber Sanchez or Jade Lee Culberson at 989-2547 or stop by SFLC 344-H and request an application.

Woodmar Clinic offers health screenings

Woodmar Clinic, a member of Saint Margaret Mercy Medical Associates, offers free blood pressure and blood sugar screenings from 8:30-9:30 a.m., the first and third Wednesdays of the month.

The screenings are held on the lower level of the clinic at 2450 169th St. in Hammond. For more information, call 845-6666.

Sledding hills open to public

Sledding Hills are open at Oak Ridge Prairie County Park, 301 S. Colfax St. in Griffith, and Lemon Lake County Park, 6322 W. 133rd Ave. between Crown Point and Cedar Lake. The hills will be open from 9 a.m. to 5 p.m. until March 31 when adequate snow cover allows.

Participants must bring their own sleds. No ski boards, metal or wood sleds with runners are allowed. A gate fee must be paid when the gatekeeper is on duty.

Call 769-PARK for updates on snow conditions.

Sunday afternoons in January and February between 1-3 p.m. Buckley Homestead offers old-fashioned bob sled rides. Buckley Belgian draft horses pull the open bed wagon on runners.

Availability of rides depends on snow and temperature conditions, call Buckley at 219-696-0769 the Saturday afternoon prior to visiting the park to check conditions.

Rides last 20 to 25 minutes and cost \$2 per person. The bobsled holds 8 to 10 people.

Those riders are encouraged to dress warmly and bring an extra blanket for a cover.

Quote of the Week

'Life is either a daring adventure, or nothing.'

**-Helen Keller
1819-1900**

The Chronicle

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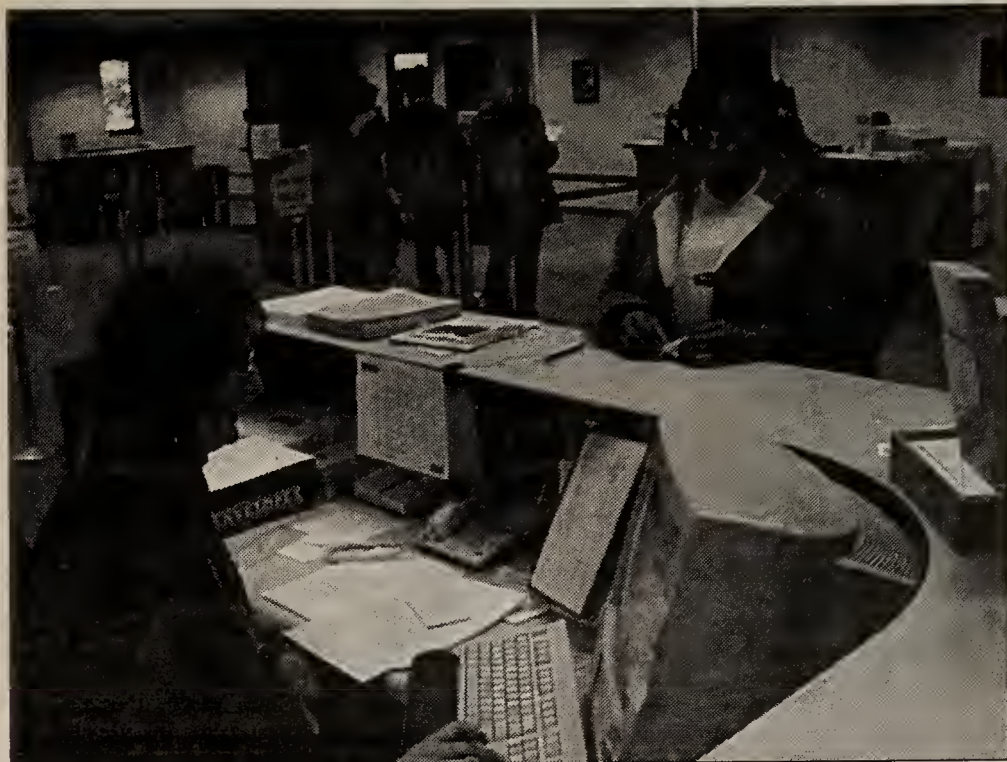


Photo by Anthony Pruitt

Cassandra Harbower, a junior majoring in biology, talks to Eileen Hansen from the Enrollment Services Center. Harbower said she wanted to find out the office phone numbers for the professors she has this semester.

Winter break lengths vary

U-WIRE

While University of Michigan students had to trudge through the snow to their first days of class, most college students are still in their cozy childhood beds enjoying their winter breaks.

With the end of exams on Dec. 22 and the beginning of classes on Jan. 4, many university students had less than two weeks off for their winter break.

"It was ridiculously short," said sophomore Jenna Andrews. "It doesn't give you enough time to relax — the holidays take up so much time

and then you have to get back to school and buy books and all that."

But other students said they felt that the short winter break was a small sacrifice to make in order to finish Winter term examinations April 26, ahead of most other schools.

"We get off months early compared to other schools, so it is definitely a trade-off," Theresa Young, LSA freshman, said.

"I didn't mind the shortness of winter break; it was long enough to be fun, but short enough not to be boring," she said.

University of Michigan Registrar Tom McElvain said the primary reason for the short winter break is to have three full semesters in the university calendar, the spring/summer session counts as a

full term. University officials created the three-term system to allow students to progress toward their degree at a faster rate, McElvain said.

"It is impossible to have a longer winter break if we want to start after Labor Day, finish fall term before Christmas, and have three full terms," he added.

McElvain said the start of classes after Labor Day, which makes the University of Michigan have the shortest fall term out of Big Ten universities, is at the urging of staff and students.

Many universities will begin class Monday and Tuesday including Grand Valley State University, Michigan State University and University of California at Berkeley. Many more universities, such as Lawrence Technological University and Michigan Technological University, wait to start on or after the observation of Martin Luther King Jr. Day on Jan. 15.

Western Michigan University started classes Jan. 2, but ended fall term classes Dec. 1. Many students didn't mind coming back to school at such an early date since the break was so long, Ivy Adkins, Western Michigan University sophomore, said.

"We've been out since the beginning of December, so I was ready to go back," Adkins said.

Some universities deviate from

the traditional winter break system.

The beginning of winter break on Dec. 20 at Harvard University did not mark the end of the semester for its students, as it usually does at most universities. Harvard students have an examination period for their fall semester between Jan. 13 and 23. The spring semester then commences on Jan. 31.

Harvard students have mixed feelings about the continuation of the semester after winter break, said Harvard sophomore Venessa Keesler.

"I don't like that exams and papers are hanging over my head, I'd rather get it over with ... But it is nice the school gives you all that time to study," Keesler said.

Massachusetts Institute of Technology gives its students the month of January to participate in an Independent Activities Period before classes start on Feb. 6. IAP has more than 600 activities from laser pointer holography to musculoskeletal pathophysiology that students can voluntarily enroll in.

"It is a way for students to have the opportunity to try new things and play — our students learn through play," IAP Program Administrator Donna Freedman said.

Art and design sophomore Jessie MacGonigal said she would like the implementation of a program like IAP at her university, even though it would extend the winter term.

"I would like it, just for something different," MacGonigal said.

"You are crammed into trying to fill all your major requirements that you don't have time to take other fun stuff," MacGonigal said.

POLICE LINE - DO NOT CROSS

PUC police beat
12/12/00- 1/5/01



POLICE LINE - DO NOT CROSS

Tuesday, Dec. 12, 12:57 p.m. A staff member reported back pain after slipping on ice while removing snow. The victim was treated at a local clinic.

Wednesday, Dec. 13, 10:25 a.m. A staff member reported slipping on a wet floor in the CLO building. The victim suffered a scraped knee and sought own medical treatment.

Monday, Dec. 18, 3:10 p.m. A student reported being chased by a dog in the P-9 lot south of the SFLC building. The victim fell and suffered abrasions on both palms. The victim did not require medical attention.

Tuesday, Dec. 19, 2:50 p.m. A minor accident involving a PUC snowplow occurred in the P-6 lot of the Porter building. A vehicle that was stopped in traffic was struck when the PUC vehicle backed up.

Wednesday, Dec. 20, 10:10 a.m. A diabetic staff member experienced a low blood sugar episode in the Gyte Annex. The victim was treated and monitored at the scene.

Wednesday, Jan. 3, 1:15 p.m. A staff member reported back pain that occurred while working with snow removal equipment. The victim was treated at a local clinic.

Friday, Jan. 5, 11:15 a.m. A staff member reported a theft in the Potter building. Taken were several print cartridges. The case is under investigation.

POLICE LINE - DO NOT CROSS

Help Wanted

seeking tax preparers and office help

- For the months of January - April
- Willing to work around your schedule
- \$7-\$12 per hour

Offices located in: Schererville, Gary, Merrillville, East Chicago and Whiting.

(219) 864-9695

Welcome back, students!



If you feel a little bit like Bbarino,*

call The Chronicle

989-2547

* No actors were harmed during the making of this advertisement

The Chronicle

Online

<http://axp.calumet.purdue.edu/~chronicle>
www.pucchronicle.com

The Chronicle

est. 1983

Tiffany Amber Sanchez, *editor in chief*Jade Lee Culberson, *managing editor*Amy Aurelio, *production manager*Jason Dananay, *promotions*Keep an open mind
and you just might
learn something

As we learn the ropes in college, we, as students, believe we get smarter. Part of learning the ropes of college is rearranging your schedule to avoid getting that one certain professor for that one particular class. Some students even go as far as waiting for that dreaded teacher to go on sabbatical to complete that one little class.

This often happens without the student ever actually coming into contact with the teacher to find out the professor's particular teaching style. Some students rely on the horror stories from years past to dictate their class schedule and sometimes their academic careers.

Did anyone ever stop to think about all the great personal experiences that wouldn't have happened if we listened to our peers? Where would you be?

Think about the professors and teachers you have had in the past. Think about the educators that really challenged you to a point where you surpassed everything you ever thought you could do. Often times, the educators that push us the hardest are the ones that bring out our true colors as students.

As this semester starts you probably either have that dreaded professor that everyone told you would make your life miserable or you considered yourself lucky enough to have avoided him or her. Think about how judging your professors before you really know them will affect your relationship with them as the semester progresses. Chances are, if you start off with a bad attitude toward the professor because of their former student's testimonials, the class will be a disaster for you. It is a vicious, vicious circle of hate and resentment that can get out of hand as your academic career progresses.

A good way to break this cycle is to find out your professor's motivation for what he or she does. Chances are that your professors get no real personal satisfaction for assigning the dreaded group assignment or the 10 to 15 page paper. Remember, your professor has to grade these. It is probably not a great experience having to read 35 term papers on *The Spanish Inquisition*.

Professors find other ways to get satisfaction from their work. Most professors agree that they find satisfaction from their work when they can spark educated debate or thought from their lectures. Professors also find satisfaction in seeing their students improve the quality of their work as the semester progresses.

When your professor hands you the syllabus and you see the 15-page paper, remember that you are probably getting more out of that paper than your professor will.

When it comes down to it, the teaching profession is a career that requires a selflessness that the best professors always have. As students, it is to our advantage to challenge ourselves with the challenging professors. Regardless of the final grade received, the student always comes out of the class a winner.

The Chronicle Editorial Policy

The views expressed in the commentaries and Letters to the Editor do not necessarily reflect the views of *The Chronicle* or Purdue University Calumet. *The Chronicle* is not an official publication of Purdue University Calumet.

The Chronicle welcomes reader input. Letters and commentaries must include the author's name, class standing or other affiliation and a telephone number for verification.

All materials submitted to *The Chronicle* become the property of *The Chronicle*. All material must be saved on a 3.5" DOS format disk. *The Chronicle* reserves the right to edit for clarity, accuracy, space and news style. Copy deadline is noon the Monday before publication.

The People Speak

Question of the Week: What are your goals for the spring semester?

**Marina Sanchez***freshman, nursing*

"To learn more about what I'm going to major in and learn more about this school."

**Mary Christenson***senior, CIS*

"To achieve my best, not only here, but other areas of my life."

**K. C. Thompson***freshman, communications*

"To conquer."

**Tinish Narduzzo***freshman, undecided*

"Get into school, have fun, and get good grades."

**Crystal Barnes***freshman, women's studies*

"To get straight A's."

**Jacki Rossi***senior, communication*

"To graduate and start looking for a job and move on to my next step."

A new semester
equals a new start**JADE LEE CULBERSON**
Managing Editor

It's the beginning of a new millennium (yes, technically 2001 starts the actual millennium), and the beginning of a new semester at PUC. For some students, this means their first time in a college setting. For others, it's their last set of classes before graduation. Of course, most students fall somewhere in between.

Regardless of a student's year classification, each semester is a new start- an opportunity to study harder, manage schedules better and get involved with new activities. Because of this, however, it is important for students to get a good start to the semester with realistic goals and plenty of motivation.

PUC is a commuter college, so most of the students have outside jobs and family responsibilities. Rarely can students dedicate all of their time to being on campus, which isn't really expected anyway.

Many activities are offered, however, for students who want to fill some of their spare time. Some of these activities are career-oriented learning experiences, such as the bio/chem club and *The Chronicle*, where others are more hobby related.

PUC also offers many services that students can take advantage of to improve their college experience. There is an international media lab that not only has resources for the foreign language classes, but airs subtitled foreign films each semester. The tutoring center, which handles placement testing each semester, offers a schedule of extra help for students, free of charge.

For students finishing up with college, there is a career services center with a staff that helps students with resumes and job searches. They also hold job fairs each fall so that students can see what kind of careers are available per area of study.

Additionally, students can seek assistance with their classes in individual departments- from the writing lab to separate mentoring programs in a couple of majors.

The most important thing for students to remember is that they need to find a balance. A balance between spending time with friends and family, working, extracurricular activities and, most importantly, attending classes and studying. A balance that keeps one busy without being overwhelming, a balance that doesn't focus too much attention on one thing and take away from everything else. It's a precarious balance at best, and one rarely achieved and maintained by college students.

It is not impossible, however, and when students find it they are able to get higher grades, feel better physically and mentally, and have a little free time left over for themselves. Whether a freshman or a senior, it's never too early, or too late, to develop a balanced, college-oriented lifestyle.

The
Chronicle

Purdue
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989-2547

Cervical Health Month may save womens' lives

U-WIRE

In efforts to promote awareness of women's health, January has been designated National Cervical Health Month for the second consecutive year.

To encourage health care providers to open their doors to women who have not had a Pap smear in more than three years, Friday is designated as free Pap smear day by the coalition.

"The announcement is made nationwide to try to encourage providers to promote it however, it is implemented on the local level," Alan Kaye, executive director of the coalition, said.

The Pap smear is a test that is performed when there are changes of the cervix. A positive result indicates there may be a problem and further procedures must be done.

Kaye said it is important for women to be aware of the disease because a great amount of cervical cancer is found in women who don't regularly get the tests.

He also stresses that women on college campuses in particular should be concerned because sexually transmitted diseases are often more prevalent.

Human biology senior Karissa Breen said she wants to go into the medical field and she knows the importance of getting regular exams like the Pap smear.

"I don't get tested because I think I have cancer or because I feel I am doing anything that puts me at risk," Breen said.

"I just like to be sure, it is better to be safe than sorry," she said.

But don't expect to get a free test in the Lansing area on Friday.

Karen Jennings of the Ingham County Health Department said there isn't a health care provider in the county offering the free tests. However, she said that doesn't mean people should not go out and get a Pap smear.

"This month is great for people to go out and get tested. But no one should feel like it should be limited to one day of the year," Jennings said.

Jennings is a health educator for the Breast and Cervical Cancer Control Program for Sparrow Hospital in Lansing and is responsible for outreach and education.

The federally funded program offers free Pap smears and mammograms to women who are at

least 40 years old and meet other requirements based on things like income and health status.

Jennings said the program is good because it goes year-round and is offered in many different locations. It provides all the diagnostic components of the

process including follow up treatment if the tests are positive.

Cynthia Munro, clinical nurse specialist for women's services at Sparrow Hospital, is also involved in the Cancer Control Program.

Munro said it is important that females who are at least 18 years old, or younger women who are sexually active, should be tested once a year.

She said Sparrow was not aware of the month being focused on cervical health and therefore will not be administering free tests.

"We may do something this month now that we know," Munro said. "But we will definitely do something for next year."

Munro hopes Cervical Health Month will grow in Michigan and is excited about the possibilities it will give them to promote the other programs they have in place like the Breast and Cervical Cancer Control Program.

"Cervical cancer is a disease that can be cured with early detection," Munro said.

"But the key is for people to be educated and dedicated to getting Pap exams," she said.

"Cervical cancer is a disease that can be cured with early detection, but the key is for people to be educated and dedicated to getting Pap exams."

Cynthia Munro, clinical nurse for women's services

UPS gives back



Photo by Anthony Pruitt

Jorie Spinks, a sophomore majoring in occupational therapy, and Sharnette Brown, a sophomore majoring in accounting, talk to UPS campus recruiter Michelle Murphy last Thursday. Career services sponsors recruitment for UPS of Hodgkins, IL. Students who dropped by the UPS table in the SFLC concourse had an opportunity to enter a drawing to have their textbooks paid for by UPS.

All-night study sessions inhibit students' learning

U-WIRE

A new sleep study suggests pulling all-nighters may impair the brain's ability to learn new material.

The results of the study, which appear in the December issue of the medical journal *Nature Neuroscience*, suggest a good night's sleep helps the brain store information learned during that day.

The study further suggests people who interrupt a sleep pattern by staying up all night risk their ability to master certain tasks, said Robert Stickgold, a researcher at Boston's Harvard Medical School.

The study tested 24 Harvard students' ability to learn new tasks.

Participants took a test to identify certain images that were flashed briefly on the lower left side of a video screen.

The control group slept regularly each night of the four-day study, while the experimental group was deprived of sleep on the first night.

At the conclusion of the study, researchers found those who slept all four nights retained their knowledge and learned more while those who stayed up just one night failed to improve their performance.

When people skip one night of sleep, even if they catch up later, they may find information has not been stored properly in the cortex, which is responsible for storing information.

Although the results of the study are conclusive, students will inevitably continue to cram for exams with all-night study sessions.

"You put things off. When you stay up real late working on a project you start thinking bad thoughts like you want to quit. When you're trying to give a presentation, you can't think of all the things you wanted to say," Mark Britton, a third-year design architecture art and planning student at the University of Cincinnati, said.

"If I stay up all night and cram, I don't remember anything," Scott Malling, a fourth-year communication student, said.

Both Britton and Malling said all-night study sessions are not part of their normal study routine. However, even if students only cram for midterms, the study suggests they will only be storing the studied information in their short-term memory. They will have to relearn it for the final exam.

Kirsten Lupinski, director of the UC Wellness Center, recalled when she was an undergraduate.

"I didn't get an adequate amount of sleep. I don't know how I did it," Lupinski said.

Lupinski said better time-management and setting priorities are antidotes to all-nighters.

"You have to learn what is important and say no to things that are not as important," she said.

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The 2000 Grammys:

music masters may get their props

JASON DANANAY
Promotions

Despite 2000 being a solid year for music, the Grammys have once again nominated several mediocre acts while leaving much of the musical muscle of 2000 watching the awards at home.

The nominees, announced Jan. 3, included the TRL-friendly groups N'Sync, Backstreet Boys and Limp Bizcut. Some rock fossils, such as Joni Mitchell, Paul Simon, Paul McCartney and Steely Dan were dug out of their places in the rock and roll museum to be nominated in this year's Grammys.

Many critics can agree that this year was not necessarily the year for new artists. The Best New Artist Category includes six-album veteran Shelby Lynne, status quo thrash rock act Papa Roach and Dr. Hill member Sisqo.

Although the newcomers never really showed up in 2000, many veterans blew the dust off their instruments to take the spotlight away from the bleached blond, pubescent pop acts. U2 stepped into the new century with a powerful, dynamic single in "Beautiful Day." Madonna climbed back up to her past diva status with her album "Music."

Rock and roll as it was known in the '80s seems to be re-emerging with Bon Jovi and U2 proving themselves to be musical mainstays. However, R&B, Rap and Hip Hop have truly emerged into the musical mainstream.

Macy Gray may actually get the credit she deserves this year with her single "I Try," after being snubbed at many other award shows. Don't be surprised if the Record of the Year, Song of the Year and Best Female Pop Vocal Performance goes to the soul wrenching vocal stylings of Gray.

Destiny's Child is another R&B act to look out for at the Grammys this year. The group will hopefully stay together long enough to receive the numerous awards that they will receive this year.

"Say My Name" has stood out as a fine piece of musical production.

Grammy-friendly Brian McKnight, D'Angelo, Boys II Men and Lauryn Hill bring more solidarity to a musical genre that can no longer be taken lightly by the musical industry.

Some individuals in the music industry last year demanded attention far before any award ceremony. Eminem has proven to be the most popular and controversial act in 2000. Since brought into the musical spotlight by Dr. Dre, Eminem has taken the rap scene to the next level with his unique flow and uncompromising lyrics. Although Eminem may not attend the awards, it will be guaranteed that many protesters from various groups will show.

Eminem has proven himself to be the best and worst thing for music this year. While he has offended nearly everyone that has a heart-beat, at least he has brought attitude back an industry that so

desperately needs it. So, in the year of the rap-rock and the ever so frequent "bootie video" the Grammys should be more competitive and entertaining than in years past. But is that really saying much? The Grammys will be Feb. 21 at 7 p.m.



Destiny's Child



Macy Gray

Who might win? The Chronicle staff members* predict this year's winners...

* PREDICTORS ARE: AMY AURELIO, JASON DANANAY, AND LORRELL D. KILPATRICK (Opinions are individual and do not reflect opinions of The Chronicle.)

Record of the Year

"I Try" by Macy Gray - A.A., J.D.
"Music" by Madonna - L.K.

Album of the Year

"The Marshall Mathers L.P." by Eminem - J.D., L.K.
"Kid A" by Radiohead - A.A.

Song of the Year

"I Try" by Macy Gray - A.A., J.D.
"Say My Name" by Destiny's Child - L.K.

Best New Artist

Sisqo - A.A., J.D., L.K.

Best Female Pop Vocal Performance

"Music" by Madonna - L.K.
"Save Me" by Aimee Mann - A.A.
"Both Sides Now" by Joni Mitchell - J.D.

Best Male Pop Vocal Performance

"You Sang to Me" by Marc Anthony - L.K.
"6, 8, 12" by Brian McKnight - A.A.
"She Walks This Earth (Soberana Rosa)" by Sting - J.D.

Best Pop Performance by a Duo or Group with Vocal

"Breathless" by The Corrs - J.D.
"Bye, Bye, Bye" by N'Sync - A.A., L.K.

Best Pop Collaboration with Vocals

"The Difficult Kind" by Sheryl Crow and

Sarah McLachlan - A.A.

"Turn Your Lights Low" by Lauryn Hill and Bob Marley - J.D., L.K.

Best Dance Recording

"Let's Get Loud" by Jennifer Lopez - L.K.
"Natural Blues" by Moby - A.A., J.D.

Best Female Rock Vocal Performance

"Paper Bag" by Fiona Apple - J.D.
"Enough of Me" by Melissa Etheridge - L.K.
"There Goes the Neighborhood" by Sheryl Crow - A.A.

Best Male Rock Vocal Performance

"Things Have Changed" by Bob Dylan - J.D.
"Again" by Lenny Kravitz - L.K.
"Into the Void" by Nine Inch Nails - A.A.

Best Rock Performance by a Duo or Group with Vocal

"Californication" by Red Hot Chili Peppers - A.A., L.K.
"Beautiful Day" by U2 - J.D.

Best Hard Rock Performance

"Guerilla Radio" by Rage Against the Machine - A.A., L.K.
"Down" by Stone Temple Pilots - J.D.

Best Rock Song

"Californication" by Red Hot Chili Peppers - A.A., J.D., L.K.

Best Rock Album

"Crush" by Bon Jovi - J.D.
"Return of Saturn" by No Doubt - L.K.
"The Battle of Los Angeles" by Rage Against the Machine - A.A.

Best R&B Performance by a Duo or Group with Vocal

"911" by Wyclef Jean featuring Mary J. Blige - A.A., J.D., L.K.

Best R&B Song

"Say My Name" by Destiny's Child - A.A., J.D., L.K.

Best R&B Album

"Voodoo" by D'Angelo - A.A., J.D., L.K.

Best Rap Solo Performance

"The Light" by Common - L.K.
"The Real Slim Shady" by Eminem - A.A., J.D.

Best Rap Performance by a Duo or Group

"Forgot About Dre" by Dr. Dre featuring Eminem - A.A., J.D.
"The Next Episode" by Dr. Dre featuring Snoop Dogg - L.K.

Best Rap Album

"The Marshall Mathers LP" by Eminem - A.A., J.D., L.K.

Best Female Country Vocal Performance

"Breathe" by Faith Hill - A.A., J.D., L.K.

Best Male Country Vocal Performance

"Solitary Man" by Johnny Cash - A.A., J.D.

"Feels Like Love" by Vince Gill - L.K.

Best Country Performance by a Duo or Group with Vocal

"Twentieth Century" by Alabama - L.K.
"You'll Always Be Loved By Me" by Brooks and Dunn - A.A., J.D.

Best Country Collaboration with Vocals

"Strong Enough" by Sheryl Crow and The Dixie Chicks - A.A.
"Let's Make Love" by Faith Hill and Tim McGraw - J.D., L.K.

Best Country Song

"The Way You Love Me" by Faith Hill - A.A., J.D., L.K.

Best Country Album

"Breathe" by Faith Hill - A.A., J.D., L.K.

2000 Grammy Awards
Wednesday, February 21
7 p.m.
Check local listings

Best Alternative Music Album

"Bloodflowers" by The Cure - L.K.
"Kid A" by Radiohead - J.D., A.A.

Best Female R&B Vocal Performance

"Try Again" by Aaliyah - A.A.
"Bag Lady" by Erykah Badu - L.K.
"He Wasn't Man Enough" by Toni Braxton - J.D.

Best Male R&B Vocal Performance

"Uninvited (How does it feel?)" by D'Angelo - L.K.
"Stay or Let It Go" by Brian McKnight - A.A., J.D.

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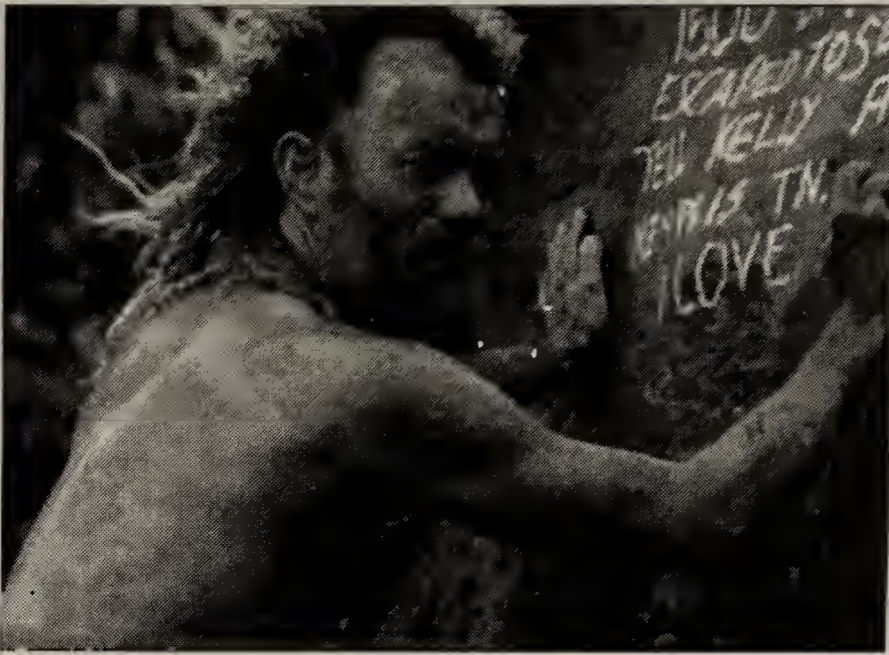
'Cast away' leaves viewer stranded

JAMES LACZKOWSKI
Staff Writer

With this film director Robert Zemeckis has been quite audacious with his choice in scripts and very unconventional with his way of telling a story, as he was in 1997's overlooked masterpiece "Contact." For a huge portion of the movie, "Cast Away" proves to be one of his best achievements. Unfortunately, during the third act, something goes terribly wrong.

At times it can be very easy to pinpoint when a movie takes a wrong turn. In "Cast Away," it screams out, and it is a real shame. I thoroughly enjoyed every single frame of this movie until the climactic score kicks in and becomes a hostage in the typical-Hollywood P.O.W. camp.

When you have a story as simple as this, it is important to put it in the hands of a fine director. Robert Zemeckis is clearly one of the greatest American directors working today and proves incapable of making a bad movie! When you sit back and revel in the brilliant escapist entertainment he has given to the history of cinema, you cannot deny his brilliance. Even when he falters, like with "Death Becomes Her," he manages to entertain nonetheless. Within the first part of "Cast Away" it rates among two of my favorite films,



Tom Hanks stars as spiritually reborn "Chuck Noland" in "Cast Away."

"Contact" and "Back To the Future."

The opening sequence starts out slow, serene and is actually quite lyrical. Someone with a superficial frame of mind can immediately label this a Fed-Ex ad but the beginning, and especially the ending, says volumes about finding yourself at a crossroads. The film confronts such themes as abandonment, loneliness, and the

need to connect. Once we know the character of "Chuck Noland," we are immediately with him the second he leaves his girlfriend, played by the ubiquitous Helen Hunt. As far as I am concerned, there is no greater visceral impact in the history of movies where you will react like you will when watching the brutal plane crash. It is an incredible sequence that does not need a score.

You are also with Chuck the moment he

arrives on the island. You experience the boredom and the dire need for someone to communicate with. Leave it to someone like Tom Hanks for creating one of this year's most memorable characters, Wilson, who happens to be a volleyball. The one thing I could not comprehend was the scene in which Chuck carries on a conversation with Wilson, and the audience continually laughs at this. Why would anybody laugh at those particular scenes? There are revelations to be had, and really cool improvisational moments where Chuck makes the best of what he has in his possession. Up until a certain point, it is a deeply moving and profound experience. After he loses something on the way back, which is a scene that should bring one to tears, the whole film becomes anti-climactic. It is frustrating to see the potential for greatness fail so suddenly. We know from the trailers that he gets home and everything from that point on drags the film down and becomes so typical.

The movie is definitely worth seeing. Hanks clearly gives his best performance ever, and it is truly a real step-forward in studio filmmaking. But unfortunately, for me, it takes a step back and stops short from achieving greatness and making my top ten list for 2000. I personally feel that although it deserves some praise, come Oscar time, the Academy might overlook this as a Best Picture nominee. If they snubbed "Contact," then there is a definite chance they will do the same with "Cast Away."

Movie	"Cast Away"
Actor	Tom Hanks
Rating	7 of 10

'Forrester' a great discovery

RACHEL RIECKEN
Staff Writer

Among a multitude of mediocre productions full of overused plots, comes "Finding Forrester." The plot is well developed and thought provoking, holding the viewer's undivided attention through all two hours and fifteen minutes. "Finding Forrester" is an inspirational movie, yet includes many laughs. The story is realistic, with believable characters played by well-chosen actors.

Jamal Wallace (Robert Brown)

is a high school student growing up in the Bronx. He excels at writing and basketball. On a dare, Jamal sneaks into the home of the eccentric William Forrester (Sean Connery), and attempts bring something out with him. Jamal fails at this mission, but fate has an even greater mission for him. Jamal and William's

strong-headed personalities cause just enough conflict between them to bring the two together. Jamal becomes an informal student of the distinguished writer and learns a lot from his teacher, but finds that Forrester also has a lot to learn from him, too.

When remarkably high-test



Sean Connery (left) returns in a J.D. Salinger-esque role, with newcomer Robert Brown in "Finding Forrester."

scores take Jamal to a private school his new teachers notice his writing ability. However, Jamal's quick wit and extensive reading repertoire bring the disdain of one teacher who accuses Jamal of plagiarism. What is Jamal willing to sacrifice- his friend, his education, or his pride?

Movie	"Finding Forrester"
Actor	Sean Connery
Rating	10 of 10

Gibson falls short of expectations

RACHEL RIECKEN
Staff Writer

The most redeeming quality of the movie "What Women Want" is the fact that it stars Mel Gibson. It is a comedy that some guys say is a chick-flick and other guys enjoy.

Nick Marshall (Mel Gibson) is a philanderer who desperately wants a promotion in his advertising career. The job he anticipates receiving is instead given to Darcy Maguire (Helen Hunt), a successful business-woman Nick despises.



Mel Gibson and Helen Hunt show their comedic sides in "What Women Want."

One of the funniest scenes in the movie is when a rather drunk Nick falls into a bathtub full of water and flings a hair dryer into the air, which falls in the tub with him. He is then electrocuted and

ability, as he learns what the women he works with really think of him.

This movie is funny and pretty entertaining. It does a good job of

empowering with the ability to hear the thoughts of women. At first Nick is distraught with his new showing the difference. Nevertheless, in time he uses his power to his own advantage, both in his career and love life. Between what women say and what they think. However it has so much sex in it that I was not left with much after seeing it, except that hope that it is not an accurate representation of our culture today.

Movie	"What Women Want"
Actor	Mel Gibson
Rating	5 of 10

Sade throws stones at predictability

LORRELL D. KILPATRICK
Entertainment Editor

Immediately after buying the "Lovers Rock" CD by Sade, I raced home anticipating the musical talent I had been waiting six years to hear. Not since "The Best Of Sade", a compilation of hit singles from the bands previous five albums, has anyone heard from the quartet and some of my fellow fans say that their time has passed. Defiantly, the single "By Your Side" has topped radio and video countdowns since its debut. While retaining their characteristic island

sound, "Lovers Rock" taps into a calming hip-hop vibe with tracks like "Flow" and "Somebody Already Broke My Heart". This evolution into a more modern sound proves to be successful because Sade has managed to remain true to its core content and subject matter.

Helen Folasade Adu (lead vocals), Stewart Matthew-man (saxophone), Andrew Hale (keyboards), Paul Denman (bass) and Paul Cook (drums) make up this phenomenal band and together they again created a sound that

creeps its way into your sub-conscious and will have you humming the chorus before you even realize it.

Although I adore this band, there was a shortcoming that needs to be mentioned. The tracks on this album seem to move a little too slowly. Even the faster tracks like "Slave Song" often carries a sleepy tempo that make for a good nap more so than a good listen. I must admit that I fell under its drowsy influence three times before I listened to it all the way through. While I could not choose a better voice to fall asleep to, it sometimes proved frustrating.

Constants on Sade projects are the human condition type ballads. "King of Sorrow" and "Every Word" draws attention to worldwide suffering, the world community's ignorance of this suffering and the consequences that it brings about. Sade might be a little too soulfully deep for some people and darn right depressing to others, but the alluring tones and beats are a welcome deterrent from thumping of bass lines and bubble-gum pop tunes.



Sade resurfaces after a six-year hiatus with "Lovers Rock."

CD	"Lovers Rock"
Artist	Sade
Rating	9.5 of 10

Lakers win some and lose some

FRANK SPRANKLE
Staff Writer

After 25 days away from home, the PUC Lakers returned last Wednesday night and made the most of their homecoming with a 90-75 overtime win against the St. Francis Saints.

The Lakers had only two games since the last home meeting on Dec. 16 with a win over Taylor. Four days later, the team welcomed Christmas early in Spring Arbor, Mich. and defeated the Cougars before departing for the holiday season.

Seventeen days later, PUC traveled into Wisconsin and had a date with the NCAA's Division III top-ranked team, the Carthage Redman. The Lakers fought hard, but in the end lost 88-81 and marked an even 8-8 record.

Ryan Sexson, a junior guard, had 23 points in the game, which included seven three-pointers.

"They (Carthage) were a tough team being a nationally ranked team in Division III and they shot 73 percent from the field in the first half and that made it tough. I thought we played pretty good defense, we just did not knock down their shots. Overall we played a pretty good game in the second half and outplayed them," Sexson said.

The game with the St. Francis Saints was the beginning of conference play for the Lakers.

"It might be 8-8 coming in, but we see it as 0-0. The conference is a new start this time, it's all about trying to turn it around from here," Dion Banks, a junior guard, said.

"I think who ever we play our opponents are going to play us tough because we are going to play them tough, so it's just a matter of how we get it done on the floor," he said.

"This is still a new program with a new staff and all these players are coming together and we are still not where we need to be but we are getting there."

Gary Hayes,
Head Coach

From the opening tip-off, the Lakers took control early off 16 Saints' turnovers in the first half and took advantage of their early poor shooting ability from mainly down low. PUC held a one-point lead at halftime as a result of late turnovers that became costly.

The second half began with the Lakers in command. They had gotten out to a six-point advantage in the early stages with a couple of quick fast breaks.

The lead slipped and by the five-minute mark of the second half, St. Francis had captured the lead 60-56. A minute later, Brain Anton cut the lead with a three-pointer.

The final minute of regulation set the scene for the drama to take place. PUC cut the lead and only trailed 64-61 in the final minute and then brought it within a point.

St. Francis came up with two more points, and a three-pointer that would tie the game at 66-66. Sexson's big three-point shot tied the game up and provided life for PUC in what could only be described as an intense see-

saw match.

With eight seconds on the clock, the Saints made it a two-point game with only one last hope remaining for the home team. Once the Lakers brought the play inbounds they went for Banks who hit a last second shot that once again tied the game at 68 and send the contest to overtime.

The five-minute overtime play began PUC's way with Drew Hall coming up with the first six points of the extra session. From that point, there just was no turning back on the Lakers as they drew a number of overtime fouls that would result in part of the 78.1 free-throw shooting percentage.

At the end, the Lakers had improved their overall record to one game over the 500 level at 9-8 and a 1-0 record in the CCAC (Chicago Colligate Athletic Conference).

Sexson became the leading scorer for the second straight game with 25 points, followed by Banks who put up 18 points and 5 steals, and Hall's 17 points and seven rebounds.

Tom Cuozzo, a senior forward, had seven points and six rebounds.

"It was a team effort, we were rebounding good at the end, but Ryan (Sexson) the big shot, Dion (Banks) made big plays and hit big shots, it was a team win," Cuozzo said.

"We played a poor first half, for us but our defense the last eight minutes of the second half did a great job boxing out because we struggled inside with fouls. There are a lot of little things to look at, it was our first conference game, our players wanted it so bad that we were tight the first twenty minutes," Head Coach Gary Hayes said.

"This is still a new program with a new staff and all these players are coming together and we are still not where we need to be but we are getting there," he said.

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Lady Lakers keep hope alive

FRANK SPRANKLE
Staff Writer

If New Year's resolutions mean anything for PUC's Lady Lakers, it's to start looking forward to conference play. After all, December ended with a 2-14 record against a tough schedule for most of those first two months of the season.

Before the Lady Lakers could welcome in teams from the Chicago Collegiate Athletic Conference, they had to invite the Robert Morris Lady Eagles to the PER building on Jan. 4. Despite losing 59-53, the contest saw sophomore forward Kelly Thompson pulled off a career season high of 19 rebounds in addition to her 12 points.

"I went out there and did what Coach Smith wanted me to do and I accomplished it and my team was behind me as much as they possibly could be," Thompson said.

"We are all trying to start to come together and play out there as a team and make the effort," she said.

Coming together would have to be a factor for all 40 minutes on Jan. 9 as the Lady Lakers opened CCAC opponents at home against the Olivet Nazarene Lady Tigers. Before the game Melonie Martin, assistant coach, commented on her expectations for the game and her general attitude concerning the team.

"I expect our girls to play strong defense, especially low in the post, and try to run our offense and work out some bugs that have been giving us a hard time in the past," Martin said.

"Our players are beginning to grow but they are getting a feel for the conference level, and I think it will be alright," she said.

Indeed for the first few minutes of the first half, the Lady Lakers showed good signs on defense,

but it would be a poor shooting ability that led to ONU's 72-48 win.

Seniors Dawn Szany and Christina Chandler led PUC with 13 points apiece, and right behind them was freshman forward Sarah Bacan who had 12 points and 8 rebounds. Following the first half, the Lady Lakers went into the locker room trailing by 20 points. However, the disappointing shooting became a factor. Most PUC shots went either too short or high off the backboard as they failed to hit a three-pointer in four attempts and only shot 27.3 percent from the field.

Once the second half began, the Lady Lakers took command. In the first two minutes, they took their opponents to a 6-0 run and looked aggressively. The shooting woes continued though during the progressing stages of the contest. By game's end, PUC finished with a 28.4 shooting percentage and could only hit two of 13 three-pointer attempts.

"We have to put everything together because we are not shooting well, as long as we get our shooting going and get it going, we should be alright," Chandler said.

The loss moved the Lady Lakers' overall record to 2-16 and 0-1 in conference play.

"After all, were we nine for 33 in the first half and that is not going to get us anywhere," Chandler said.

"We knew they (ONU) were going to be tough with all their players from last year and they did not lose a starter. I thought we played well in the second half but we have to be consistent and play both halves," Dennis Smith, head coach, said.

"I thought in the second half we did a better job with some steals, offensively we are still a little impatient, but we showed some signs of playing well," he said.